



# HIV Awareness Workshop at LIC

"Your health matters!"

On Wednesday the 28th of September [Lewisham Islamic Centre](http://www.lewishamislamiccentre.com) Hosted Christabel Kunda (HIV Support and African Communities' Services Manager) and Rebecca Mbeve (Black African Outreach Co-ordinator for Hounslow) for a Workshop on Services and Support available to HIV Sufferers.

The Workshop was very enlightening and beneficial and focused on the importance of getting tested for HIV and then receiving support and treatment for HIV.

Lewisham Islamic Centre holds various workshops on various issues to help the Local Muslim and non-Muslim Community such as the Mencap Workshop held on the 4th of May 2016:

<http://www.lewishamislamiccentre.com/documents/latestevent/LICNews-Lewisham%20Islamic%20Centre%20Mencap%20Workshop-2016-05-04.pdf>



It is in line with this statement of our Beloved Prophet Muhammad (peace be upon him): **"Allah gives support and help to those who support and help the weak and needy amongst you."** and his saying (peace be upon him): **"The best of you are those who are the most beneficial to humanity"** that we at Lewisham Islamic Centre try to help, support and be active in the Community.



Lewisham Islamic Centre would like to extend its thanks and gratitude to all those who attended this workshop and especially our esteemed guests Christabel Kunda and Rebecca Mbewe.

